

ENCINITA'S IMPLEMENTATION PLAN

WELLNESS COMPONENT: **Other Student-Based Wellness Activities**

Policy Element: Each SWC will be responsible for developing at least one Wildly Important Goal (WIG) related to physical activity.

What will this look like?: Every classroom will have a monthly Nutrition Coach that prepares monthly presentations of nutrition information, based on samples of the month. PTA will provide a Harvest of the Month (fruit or vegetable) for each class to sample, not to exceed \$700 for the year.

Funding (e.g., LCAP/ESSA/Other): N/A

PRIORITY	ACTIVITIES/STEPS: What needs to be done?	By When?	STATUS	RESPONSIBLE PARTY: Person(s)/Workgroup
High	Assign Nutrition Coaches for each classroom.	January, 2019	COMPLETED <input checked="" type="checkbox"/> IN PROGRESS	Name(s): Danielle Kisich Kathy La Piana (Interim Principal) Workgroup: Danielle Kisich Kathy La Piana Adrianna Frausto-Rm. 3 Jessie Manzano-Rm. 2
Medium	Train Nutrition Coaches for monthly presentation, based on the Harvest of the Month. Presentations can be given as iMovies, PPT. Presentation, Board exhibits, etc.	March, 2019	<input type="checkbox"/> COMPLETED <input checked="" type="checkbox"/> IN PROGRESS	
Low	PTA Members purchase the monthly harvest and bring it to the school each month. Nutrition Coaches pick up the harvest for their classroom and give the Harvest of the Month presentation to the class. The class samples the harvest	Monthly	<input type="checkbox"/> COMPLETED <input checked="" type="checkbox"/> IN PROGRESS	
Already in place			<input type="checkbox"/> COMPLETED <input type="checkbox"/> IN PROGRESS	
Districtwide			<input type="checkbox"/> COMPLETED <input type="checkbox"/> IN PROGRESS	
Progress	How will this be monitored?		How often will monitoring take place? (e.g., weekly, monthly, annually)	To whom will results and/or updates be reported?
Not Begun	This will be monitored through monthly presentation documentation and through receipts from the PTA purchase.		Monthly	Director, Nutr Srv & Wellness

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REMARKS (Include here any indispensable financial, equipment or other resources):

The purchase of the Harvest of the Month will need to be approved by the PTA at the beginning of each school year in order to implement this plan.
